Choose a Category

- BAGEL/FLAGEL® SCHMEAR
- BAGEL/FLAGEL® SANDWICHES
- SMOKED FISH SANDWICHES
- MINI BAGEL SANDWICHES
- BAGELS
- BAKERY
- STARBUCKS™
- SOFT DRINKS
- SMOOTHIES
- TO GO/GRAB AND GO
- SALADS (LB)
- SCHMEARS (LB)
- SMOKED FISH (LB)
- CATERING

PLAIN CREAM CHEESE SCHMEAR $3.99 CHOOSE OPTIONS & QTY

BUTTER SCHMEAR $3.10 CHOOSE OPTIONS & QTY

VEGGIE CREAM CHEESE SCHMEAR $4.50 CHOOSE OPTIONS & QTY

SCALLION CREAM CHEESE SCHMEAR $4.50 CHOOSE OPTIONS & QTY

LOX SPREAD SCHMEAR $5.50 CHOOSE OPTIONS & QTY

TOFU PLAIN CREAM CHEESE SCHMEAR $4.50 CHOOSE OPTIONS & QTY

TOFU SCALLION CREAM CHEESE SCHMEAR $4.75 CHOOSE OPTIONS & QTY

PB&J SCHMEAR $4.50 CHOOSE OPTIONS & QTY

EGG AND CHEESE $6.99 CHOOSE OPTIONS & QTY

BAKED SALMON SALAD SANDWICH
Comes with a Pickle Spear and your Choice of a Side Salad $11.39 CHOOSE OPTIONS & QTY

TUNA SALAD SANDWICH $9.99 CHOOSE OPTIONS & QTY

LITE VEGGIE TUNA SALAD SANDWICH $9.99 CHOOSE OPTIONS & QTY

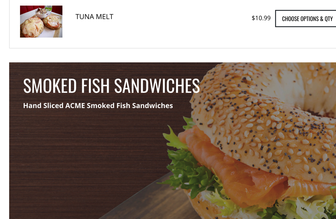
EGG SALAD SANDWICH $8.99 CHOOSE OPTIONS & QTY

GRILLED CHEESE SANDWICH $4.99 CHOOSE OPTIONS & QTY

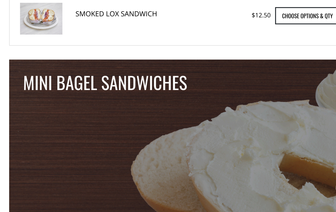
PIZZA BAGELS $6.99 ADD TO CART

AVOCADO TOAST $8.50 CHOOSE OPTIONS & QTY

TUNA MELT $10.99 CHOOSE OPTIONS & QTY



SMOKED LOX SANDWICH $12.50 CHOOSE OPTIONS & QTY



MINI SCALLION CREAM CHEESE $2.85 CHOOSE OPTIONS & QTY

MINI SMOKED LOX SANDWICH $8.25 CHOOSE OPTIONS & QTY

MINI GRILLED CHEESE $3.99 CHOOSE OPTIONS & QTY

MINI AVOCADO TOAST $6.99 CHOOSE OPTIONS & QTY

MINI LOX SPREAD $3.10 CHOOSE OPTIONS & QTY

MINI BUTTER $1.81 CHOOSE OPTIONS & QTY

MINI FLAVORED TOFU $3.10 CHOOSE OPTIONS & QTY

MINI TOFU PLAIN $2.85 CHOOSE OPTIONS & QTY

MINI VEGGIE CREAM CHEESE $2.85 CHOOSE OPTIONS & QTY

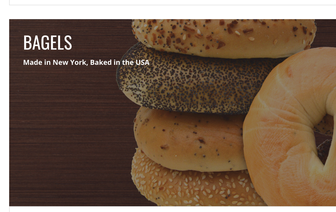
MINI PLAIN CREAM CHEESE $2.59 CHOOSE OPTIONS & QTY

MINI WHITE FISH SALAD SANDWICH
Comes with a Pickle Spear and your Choice of a Side Salad $6.27 CHOOSE OPTIONS & QTY

MINI EGG SALAD SANDWICH $3.88 CHOOSE OPTIONS & QTY

MINI LITE VEGGIE TUNA SALAD SANDWICH $4.65 CHOOSE OPTIONS & QTY

MINI TUNA SALAD SANDWICH $4.65 CHOOSE OPTIONS & QTY

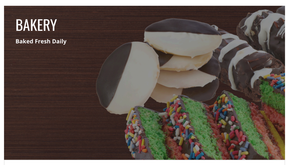


BAGEL $1.55 CHOOSE OPTIONS & QTY

BAGEL DOZEN $17.00 CHOOSE OPTIONS & QTY

FLAGEL® $2.59 CHOOSE OPTIONS & QTY

FLAGEL® DOZEN $25.91 CHOOSE OPTIONS & QTY



CHOCOLATE CROISSANT $4.40 OUT OF STOCK

CROISSANT $4.13 OUT OF STOCK

BLACK AND WHITE COOKIE $4.00 OUT OF STOCK

MUFFIN $3.25 OUT OF STOCK

BABKA $25.00 ADD TO CART

CHOCOLATE CHIP COOKIE $1.75 ADD TO CART

AMERICANO $2.85 CHOOSE OPTIONS & QTY

SINGLE ESPRESSO $2.33 CHOOSE OPTIONS & QTY

FRESHLY BREWED COFFEE $2.65 CHOOSE OPTIONS & QTY

ICED COFFEE $3.75 CHOOSE OPTIONS & QTY

CAFFÉ LATTE $3.95 CHOOSE OPTIONS & QTY

CAPPUCCINO $3.95 CHOOSE OPTIONS & QTY

CAFFÉ MOCHA $4.65 CHOOSE OPTIONS & QTY

CARAMEL MACCHIATO $4.85 CHOOSE OPTIONS & QTY

WHITE CHOCOLATE MOCHA $4.95 CHOOSE OPTIONS & QTY

HOT CHOCOLATE $3.45 CHOOSE OPTIONS & QTY

WHITE HOT CHOCOLATE $3.58 CHOOSE OPTIONS & QTY

CHAI LATTE $4.45 CHOOSE OPTIONS & QTY

HOT TEA $2.54 CHOOSE OPTIONS & QTY

SHAKEN ICED TEA $2.95 CHOOSE OPTIONS & QTY

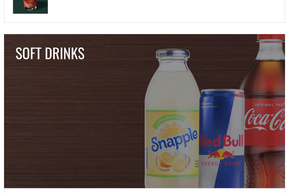
COFFEE FRAPPUCCINO® $4.85 CHOOSE OPTIONS & QTY

CARAMEL FRAPPUCCINO® $4.95 CHOOSE OPTIONS & QTY

MOCHA FRAPPUCCINO® $4.95 CHOOSE OPTIONS & QTY

WHITE CHOCOLATE MOCHA FRAPPUCCINO® $4.95 CHOOSE OPTIONS & QTY

STRAWBERRY CRÈME FRAPPUCCINO® $4.95 CHOOSE OPTIONS & QTY



DR BROWNS CAN $1.95 ADD TO CART

HAL'S SELTZER Bottle $2.99 ADD TO CART

YOOHOO (Can) $1.85 ADD TO CART

CELSIUS $3.50 CHOOSE OPTIONS & QTY

WATER (20 oz) $2.35 ADD TO CART

CAN SODA (Mini) $1.00 ADD TO CART

FRUGA $3.99 ADD TO CART

SNAPPLE - 16oz $3.10 CHOOSE OPTIONS & QTY

GATORADE - 20oz $2.50 CHOOSE OPTIONS & QTY

10oz TROPICANA ORANGE JUICE $2.50 CHOOSE OPTIONS & QTY

CAN SODA $1.75 CHOOSE OPTIONS & QTY

BOTTLE SODA $3.10 CHOOSE OPTIONS & QTY

RED BULL 8.4OZ	$4.00	CHOOSE OPTIONS & QTY
WATER	$2.00	ADD TO CART
WATER SPORT CAP	$2.50	ADD TO CART
HAL'S SELTZER Can	$2.85	ADD TO CART
15oz TROPICANA	$3.05	ADD TO CART
10oz TROPICANA APPLE JUICE	$2.50	ADD TO CART
SNAPPLE - 20oz	$3.50	ADD TO CART
RED BULL 12oz	$4.99	ADD TO CART
VITAMIN WATER - 20oz	$2.65	ADD TO CART
MUSCLE MILK	$4.25	ADD TO CART

CREATE YOUR OWN SMOOTHIE	$8.28	CHOOSE OPTIONS & QTY
BERRY BLAST Strawberry, Blueberry	$8.28	CHOOSE OPTIONS & QTY
BAGEL BOSS FAVORITE Strawberry, Banana, Peanut Butter	$8.28	CHOOSE OPTIONS & QTY
ACAI BOWL	$12.00	CHOOSE OPTIONS & QTY

TOSSED SALAD W TUNA	$11.95	ADD TO CART
OREOS	$2.20	ADD TO CART
Pringles 1.3 OZ	$2.00	ADD TO CART
Pringles 0.67 OZ	$1.25	ADD TO CART
Fruit By The Foot	$1.50	ADD TO CART
Ring Pop	$1.25	ADD TO CART
COTTON CANDY	$2.00	ADD TO CART
BLOW POP x1	$0.93	ADD TO CART
CLIFF BAR	$2.89	ADD TO CART
QUEST BAR	$3.70	ADD TO CART
EVERYTHING SEEDS BOTTLE	$5.99	ADD TO CART
BAGEL CHIPS	$4.99	OUT OF STOCK
TOSSED SALAD w/ EGG SALAD	$10.95	ADD TO CART
YOGURT PARFAIT	$5.25	ADD TO CART
BAG OF HAL'S™ CHIPS	$2.59	CHOOSE OPTIONS & QTY
THAT'S IT Fruit Bar	$2.94	ADD TO CART
BANANA	$1.00	ADD TO CART
Fancy Plants - Just Veggies	$12.99	ADD TO CART
Fancy Plants - Sheep's Feta	$15.99	ADD TO CART
Fancy Plants - Vegan Burger	$16.99	ADD TO CART
Fancy Plants - Baked Salmon	$16.99	ADD TO CART
Fancy Plants - Tofu	$14.99	ADD TO CART
MINI MELTS	$5.00	ADD TO CART
CHOCOLATE BARS	$2.00	ADD TO CART
POPCORNERS	$2.00	ADD TO CART
CHEEZIT	$1.75	ADD TO CART
BUBBLE GUM *2*	$0.23	ADD TO CART

BAKED SALMON SALAD	$5.99	CHOOSE OPTIONS & QTY
CLASSIC TUNA SALAD	$4.40	CHOOSE OPTIONS & QTY
LITE VEGGIE TUNA SALAD	$4.40	CHOOSE OPTIONS & QTY
EGG SALAD	$3.89	CHOOSE OPTIONS & QTY

Plain Cream Cheese	$2.85	CHOOSE OPTIONS & QTY
Veggie Cream Cheese	$3.11	CHOOSE OPTIONS & QTY
Scallion Cream Cheese	$3.11	CHOOSE OPTIONS & QTY
Lox Spread	$3.75	CHOOSE OPTIONS & QTY
Butter	$3.75	CHOOSE OPTIONS & QTY