



WHITEFISH

STARTERS

VEGETABLE SPRING ROLLS: mixed vegetables, glass noodles, deep fried and served with a sweet and sour sauce £9

SPICY SALMON SPRING ROLLS: salmon teriyaki, mixed vegetables and glass noodles deep fried and served with a sweet and sour sauce £7

COD FISH CAKES: cod and mashed potato lightly fried in breadcrumbs £6.5
£13

STARTER
MAIN

SALMON FISH CAKES: salmon and mashed potato lightly fried in breadcrumbs £7
£14

STARTER
MAIN

THAI FISH CAKES:* Haddock with mixed vegetables and spices £6

WHITEBAIT: small whole fish deep fried and served with tartare sauce £8

FISH BALLS:* six served with tartar sauce £6

SOUP OF THE DAY: please ask for our daily special £9

FISH SOUP: salmon, cod and vegetables £7

SPECIAL SOUP £8

SALADS

SALAD NICOISE:* a mixed leaf salad with flaked tuna, new baby potatoes, boiled egg, green beans, black olives, cherry tomatoes and dressed in olive oil £14

HOUSE SALAD:* a mixed leaf salad with cherry tomatoes, red onion, cucumber in a homemade dressing £12

MAINS

TRADITIONAL

HADDOCK** £16

COD £16

COD GOUJONS £16

FILLET OF PLAICE** £17

LEMON SOLE ON THE BONE Market price

HALIBUT Market price

DOVER SOLE Market price

NOTES:

All fish is prepared in either batter or matzo meal. All fried fish dishes served with homemade chunky chips, mashed potato or new potatoes.

All fish can be grilled for a £1.50 supplement.

** We advise batter for haddock and plaice.

GRILLED

SALMON STEAK: served with a garnish of Israeli salad £19

SEA BASS: (filleted) marinated in olive oil, garlic, lemon and white wine and served with a garnish of Israeli salad £19

CHARGRILLED TUNA STEAK: served with a garnish of Israeli salad £22

NOTES:

All fish is prepared on our grill and served with homemade chunky chips, mashed potato or new potatoes. Please allow up to 30 minutes for us to grill your fish to perfection.

THAI

THAI VEGETABLE NOODLES: tossed noodles with a selection of vegetables £14

BANG BANG FISH: strips of deep fried cod served in a chilli sweet and sour sauce with steamed rice £17

SWEET AND SOUR FISH: strips of deep fried cod and stir fried vegetables in a traditional Thai sweet and sour sauce with steamed rice £19

THAI RED CURRY: haddock served in a spicy red curry with bamboo shoots, green beans, peppers, courgettes, aubergine and basil with steamed rice £19

THAI GREEN CURRY: haddock served in a mild green curry with bamboo shoots, green beans, peppers, courgettes, aubergine and basil with steamed rice £19

WHITE FISH CURRY: pieces of cod marinated in a spicy Indian sauce and served with steamed rice £19

SALMON TERIYAKI: grilled salmon teriyaki with sesame seeds served over mashed potatoes £22

COD TERIYAKI UDON: grilled cod served over stir fried udon noodles with seasoned vegetables £19

PASTA

POMODORO: spaghetti served in a traditional Italian tomato sauce £10

ARRABIATA: spaghetti served in a homemade tomato and garlic sauce with crushed chillies £10

AL FUNGHI: tagliatelle served in a white wine and cream sauce with mushrooms £12

AL TONNO: spaghetti served in a homemade tomato sauce with flakes of tuna and black olives £14

SMOKED SALMON AL FREDO: tagliatelle served in a white wine and cream sauce, with smoked salmon and courgettes £15

An optional 10% service charge has been added to your bill.

Food allergies and intolerances: please speak to our staff about the ingredients in your meal when making your order. Thank you

*Subject to availability
Please be aware that some of our ingredients may contain traces of nuts and that some fish may contain bones

SIDES

GRILLED VEGETABLES: £4.5

ISRAELI SALAD: £4

MASHED POTATOES: £4

STEAMED VEGETABLES: £4.5

STEAMED RICE: £3

CHIPS: £3.5

COLESLAW: £3

MUSHY PEAS: £3

HOMEMADE PICKLED CUCUMBERS: £2.5

NEW POTATOES: £3

DESSERTS

Made freshly on our premises. Ask for our daily specials £7 / 8

DRINKS

COCA-COLA / DIET COKE / FANTA / 7UP / DIET 7UP / STILL MINERAL WATER PERRIER £2.5

ISRAELI FRUIT JUICES £2.5

LARGE STILL/SPARKING WATER £4

BEERS £3.5

HOT DRINKS

ESPRESSO £2

CAPPUCCINO / CAFFÉ LATTE / HOT CHOCOLATE £3.5

COFFEE / TEA / FRESH MINT TEA / HERBAL TEA £2.5

HOT LEMON / MINT WATER £2