

@MYFOODBODYMIND

TRICOLOR GEFILTE FISH W/ RED HORSERADISH SERVES 10-12 \$54

FRESH MORROCAN SALMON SERVES 4 PP

SLOW ROAST BRAISED BRISKET W/MUSHROOM SAUCE SERVES 4 PEOPLE \$58



PALMINI, MEAT AND EGGPLANT LASAGNA (NEW ON THE MENU) SERVES 8-10 PP \$ 86

MEAT STUFFED CABBAGE \$96

hicken:

SAUTEE MEAT BALLS AND ARTICHOKE HEARTS W/LEMON MINT SAUCE SERVES 4-5 PEOPLE \$39

MEAT BALLS IN LIGHT TOMATO SAUCE (NEW ON THE MENU) SERVES 4 -5 PP \$39

CITRUS HERB ROASTED CHICKEN W/ WHOLE LEMONS AND GARLIC SERVES 5 PP \$39

TART APRICOTS ROASTED CHICKENS SERVES 5 PP \$39

FRESH CAULIFLOWER KUGEL PAN 13 * 9 / SERVES 10-12 PEOPLE \$55

MATZA BALLS W/ SAUTEE ONIONS SERVES 5 PEOPLE \$39

ROASTED VEGGIE TRAY SERVES 5 PEOPLE \$33

ROASTED HERBED POTATOES W/ FRESH HERBS SERVES 5 PEOPLE \$25



TAX NOT INCLUDED DELIVERY OR PICK UP OPTION

Online: WWW.MYFOODBODYMIND.COM Cel: (786) 683 7400 Email: catering@myfoodbodymind.com Delivery Available - Tax Not Included 1620 NE 205th Terrace, Miami FL 33179 next to Miami Kosher Supermarket - Ives Dairy Rd.