

Taste _____
THE PERFECTION!

TAKE OUT • DELIVERY • CATERING



MENU

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905-597-9477

1200 HWY 7, UNIT 1,
THORNHILL, ON L4J 8M5

WWW.SOFSOFGRILL.CA

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HOURS OF OPERATION:

SUNDAY - THURSDAY: 11 AM - 10 PM

FRIDAY: 11 AM - 3 PM

SATURDAY: CLOSED

 **905-597-9477**

SOUPS • SOUPS • SOUPS • SOUPS



Lentil Soup \$8.50
Includes 1 pita

SALADS • SALADS • SALADS • SALAD



Quinoa Rainbow Salad \$14.99
Baby spinach, tomatoes, cucumbers, red onions, carrots, quinoa, dressing



Sweet Potato Salad \$14.99
Baby spinach, tomatoes, red onion, yellow pepper and fried crispy yams

SALAD ADD ONS:

Egg	\$1.99	Chicken Breast Skewer	\$4.50
Falafel (3 Balls)	\$2.50	Showarma Chicken	\$5.99
Chicken Dark Skewer	\$4.50	Showarma Beef Lamb	\$7.50

APPETIZERS • APPETIZERS • APPETIZE



Falafel 6 / 12 balls \$7.99 / 12.99
Comes with tahini sauce



Sabich Plate \$14.99
Eggplant, hummus, potato, egg, tahini & amba sauce



Shakshuka \$12.99
Middle eastern dish served with 2 poached eggs over a tomato seasoning



Babaganoush Salad \$4.99
Cooked eggplant mixed with tahini, olive oil, lemon juice, and various seasonings



Tabouleh Salad \$4.99
Finely chopped parsley, tomatoes, mint, onion, bulgur, olive oil, lemon juice, salt and sweet pepper



Beef Lamb Ara'yes \$13.99
Grilled pita stuffed with ground meat

Chicken Wings 12 pieces \$12.99
Choose from 3 flavours: honey garlic, BBQ, spicy

HUMMUS • HUMMUS • HUMMUS • HUM



Hummus 16oz \$10.99
Choose from 3 flavours: plain, tahini, chickpea



Hamshuka 16oz \$13.99
Shakshuka & hummus



Hummus Falafel 16oz \$12.99
4 falafel balls & hummus



Hummus Onion & Mushrooms 16oz \$13.99
Hummus with onions and mushrooms



Hummus Sabich 16 oz \$13.99
Eggplant, hummus, potato, egg, tahini & amba sauce



Hummus Chicken Shawarma 16 oz \$15.99
Chicken shawarma & hummus



Hummus Beef Shawarma 16 oz \$17.99
Beef / lamb shawarma & hummus

SANDWICHES • SANDWICHES • SANDW

Customize your sandwich with following toppings:

- Hummus
- Israeli Salad
- Pickles
- Tahini Sauce
- Babaganoush
- White Cabbage
- Hot Peppers
- Hot Sauce
- Onion
- Red Cabbage
- Amba Sauce
- Garlic Sauce
- Schnitzel Sauce



Falafel Pita/Laffa \$7.99 / 9.99
4/5 falafel balls, eggplant



Sabich Pita/Laffa \$8.99 / 10.99
Eggplant, hummus, potato, egg, tahini & amba sauce



Chicken Shawarma Pita/Laffa/Baguette
Customize with desired toppings \$12.99 / 15.99 / 15.99



Beef Lamb Shawarma Pita/Laffa/Baguette
Customize with desired toppings \$14.99 / 18.50 / 18.50



Schnitzel Pita/Laffa/Baguette

Customize with desired toppings..... \$12.99/14.99/14.99



Steak Baguette \$18.50

- Onions
- Tomatoes
- Pickles
- Grilled Onions
- Grilled Mushrooms
- Hot Peppers
- Ketchup
- Mustard
- Sof Sof or BBQ Sauce

BURGERS • BURGERS • BURGERS • BU

Customize your burger with following toppings:

- Lettuce
- Tomato
- Onions
- Pickles
- Hot Peppers
- Ketchup
- Mustard
- Mayo
- Garlic Aioli
- Sof Sof or BBQ Sauce



Classic 6oz/8oz \$9.99/13.99

Customize with desired toppings



Sof Sof 6oz/8oz \$11.99/15.99

Pulled beef, cheese, eggplant, Sof Sof sauce

BURGER ADD ONS:

- | | | | |
|---------------------|--------|-------------------------------|--------|
| Pulled Beef..... | \$5.99 | Egg..... | \$1.99 |
| Double..... | \$3.99 | Coleslaw..... | \$1.99 |
| Cheese (parve)..... | \$1.99 | Grilled Onions Mushrooms..... | \$1.50 |

ENTREES • ENTREES • ENTREES • ENT

All entrees include 1 side dish:

- Rice
- French Fries
- Potato Wedges
- Grilled Vegetables
- Sweet Potato Fries



Chicken Shawarma \$24.99

Served with Israeli salad & 1 side



Beef Lamb Shawarma \$27.99

Served with Israeli salad & 1 side



Chicken Dark/Breast \$22.99

3 Skewers with Israeli salad & 1 side



Asian Chicken \$22.99

3 Skewers with Israeli salad & 1 side



Chicken Breast Herb \$22.99

3 Skewers with Israeli salad & 1 side



Chicken Schnitzel \$24.99

Served with Israeli salad & 1 side



Rainbow Trout \$24.99

Served with Israeli salad & 1 side



Moroccan Fish \$26.99

Served with Israeli salad & 1 side

BAKERY • BAKERY • BAKERY • BAKER

Pack of Pitas \$4.99 Laffa \$2.50

5 pitas in a pack.
Made in-house fresh daily.

Made in-house fresh daily.



Vegetables Focaccia \$3.50

Made in-house fresh daily



Onion Focaccia \$3.50

Made in-house fresh daily



Za'atar Focaccia \$3.50

Made in-house fresh daily

FOCCACCIA ADD ONS:

- | | | | |
|-----------------------|--------|-------------------------|--------|
| Shawarma Chicken..... | \$5.99 | Shawarma Beef Lamb..... | \$6.99 |
|-----------------------|--------|-------------------------|--------|

SIDES • SIDES • SIDES • SIDES • SID

Baba Ganoush \$8.99 Basmati Rice \$5.99

Coleslaw \$7.99 French Fries \$7.99

Grilled Vegetables \$7.99 Potato Wedges \$7.99

Poutine \$9.99 Red Cabbage \$7.99

Tabouleh \$8.99

DRINKS • DRINKS • DRINKS • DRINKS

Coke \$2.00 Coke Zero \$2.00

Diet Coke \$2.00 Fanta \$3.00

Spring \$3.00 Water \$2.00

Club Soda \$2.00 Canada Dry \$2.00

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.