



### T&K Grassroots Food Truck Day-to-Day Menu

Contact: [grassrootsfoodtruck@gmail.com](mailto:grassrootsfoodtruck@gmail.com)

Note: We strictly follow Covid-19 guidelines mandated by the City of Philadelphia. We also have full-time kosher supervision.

#### ***Three Cheese Smack You Back Mac N' Cheese***

-Served with tomato and basil soup along with garlic toast.  
-Complete Meal: \$13, Mac N' Cheese a la carte: \$10

#### ***Build Your Own Quesadillas***

-Create your own quesadillas with our signature veggies of your choice (including mushrooms, tomatoes, onions, spinach, peppers, shredded carrots, zucchini, and squash). Comes with sides of sour cream and salsa.  
-\$10, Each additional topping (after 3) \$0.50

#### ***Build Your Own Omelets***

-Create your personal omelets with either eggs, or egg whites, and our signature veggies (including mushrooms, tomatoes, onions, spinach, peppers, shredded carrots, zucchini, and squash).  
-\$10, Each additional topping (after 3) \$0.50, Egg whites only \$1 addition

#### ***Build Your Own Pasta***

-Create your personal pasta with our signature veggies of your choice (including mushrooms, tomatoes, onions, spinach, peppers, shredded carrots, zucchini, and squash). Choose your sauce: zesty herbed garlic marinara, three cheese cream sauce, basil and spinach pesto sauce without nuts. Choose your pasta: bowtie, whole wheat, or gluten-free.  
-\$10, Each additional topping (after 3) \$0.50, Add melted cheese \$1

#### ***French Fries***

-Choose from our variety of French fry options including crinkle cut or sweet potato. You can also order our secret ingredient vegan chili fries with or without cheese, or our pizza fries!  
-\$5, Add cheese \$1, Add chili \$2

#### ***Falafel Pressed Wraps***

-Indulge yourself with our falafel wrap with your choice of spicy or roasted pepper hummus. Served on a wrap toasted to perfection.  
-\$10

#### ***Baked Ziti***

-Come try our four cheese baked ziti, cooked to perfection and served with garlic toast and a side tossed salad.  
-Complete Meal: \$13, Baked Ziti a la carte: \$10

#### ***Vegan Chicken Cutlet***

-Come try our delicious vegan chicken cutlet in Marinara sauce  
-\$10

#### ***Tossed Salads***

-Greens tomatoes, cucumber, red onions, peppers, choice of dressing including ranch and zesty Italian.  
-Side salad \$2.50, Complete salad \$7