

colbeh

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www.colbeh.com

9 Days Fish Menu

Fried Fish

Fried Tilapia Filet

Served with Mashed Potatoes or Dill Green Rice

Pan Fried Filet of Sole

Served with Roasted Cayenne Potatoes or Dill Green Rice

Whole Stripe Bass

Crispy Whole Stripe Bass

Grilled Fish

Salmon Kebab

Grilled Filet of Salmon in a Light Lemon and Saffron Vinaigrette

Chilean Sea Bass

Grilled Filet of Chilean Sea Bass in a Light Lemon Vinaigrette

Whole Stripe Bass

Grilled Whole Stripe Bass

Baked Fish

Filet of Sole

Baked Lemon Sole with Spinach, Tarragon and Olives

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Baked Cod

Served with Roasted Cayenne Potatoes and Fresh Spinach

SALADS

Shirazi Salad

diced tomatoes and cumpers in a lemon vinaigrette

Tossed Salad

romaine lettuce, tomatoes, green peppers and cucumber
with a choice of dressing

Mesclun Salad

organic mesclun greens served with poached pears,
candied walnuts, red and yellow cherry tomatoes
with a honey balsamic dressing

Hearts of Palm Salad

hearts of palm, onions and tomatoes

Colbeh Special Salad

baby greens, tomatoes, cucumbers, onions, sliced candied almonds
and avocado with lemon vinaigrette

Baby Spinach Salad

baby spinach, cucumbers, tomatoes, red onions, chick
peas and roasted peppers in a garlic lemon dressing

Baby Arugula Salad

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baby arugula with red and yellow beets topped with
crushed walnuts and pomegranate vinaigrette

Cold Appetizers

Babaganoush-

roasted eggplant with garlic and Mediterranean spices

Sliced Spanish Eggplant

- baked eggplant in a tangy tomato sauce

Hummus-

crushed chickpeas, tahini, lemon juice and fresh garlic

Tahini-

puree of sesame seeds, parsley and garlic

Matbucha-

Mediterranean mixed vegetables

Colbeh Eggplant

- roasted eggplant with red peppers and Mediterranean spices

Hot Appetizers

Burekas-

ground potato stuffed in a parsley shell

Kubeh-

wheat shell stuffed with mushrooms

Moroccan cigars-

stuffed with mixed vegetables rolled in a pastry dough

Falafel –

crushed chick peas, garlic and cilantro in a fresh tahini sauce

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