



## BREAKFAST

Served until 11.30am

Challah French toast £6.50  
*pear compote, maple syrup or fresh fruits*

Chia seed pot £6.50  
*Alphonso mango & toasted coconut*

Pomegranate and citrus fruit salad £5.50  
*mint, Acacia honey*

London-cure smoked salmon £7.50  
*tomato, cucumber, red onion, capers, seeded rye bread*

Banana buckwheat porridge £5

Crêpes £7.50  
*fruit compote, fresh fruit, pouring chocolate sauce*

Omelette £7  
*selection of fillings*

Boiled free range eggs £6.50  
*toasted soldiers*

Shakshuka £8.50  
*toasted sourdough*

Fried / poached / scrambled eggs £7  
*on toasted bagel*

### Tish Breakfast £9.50

*Ox tongue & 24hr onion hash, chestnut mushrooms, roasted plum tomato, choice of eggs and toast*

### Tish cakes & bakery

*Please ask your waiter about today's freshly made cakes and bakery treats. Available all day - prices vary*

### Bakery Breakfast £8.50

*selection of dairy-free viennoiserie, sourdough toast, preserves, choice of coffee, tea or hot chocolate*

## ALL DAY

Served from 12pm until close

## SNACKS

Mini challahs and bagels, *sea salt, truffled honey* £4 | Beef sliders, *club sauce* £6 | Ox tongue, *roasted Heritage beets, horseradish foam* £6.25  
Lentil & potato Bourekas, *roast onion, green sauce* £5 | Tish meatballs, *romesco sauce* £5.75 | Smoked aubergine dip, *chilli cornbread* £4.50

## STARTERS

Tish Hungarian bean soup ..... £7  
Chicken soup, *kneidlach* ..... £7  
Seared Cornish mackerel ..... £7  
*new potato, pickled red onion & parsley salad, caper berries*  
Tuna tartare, *kohlrabi, avocado, coriander, plantain crisps* ..... £8.50  
Butternut squash, *pearl barley risotto, roasted sunflower seeds, crispy sage* ..... £6  
Crispy egg, *courgette spears* ..... £6.50

## SALADS

Summer vegetable, *pickled chilli, omega seeds, yuzu dressing* ..... £6.50 / £13  
Toasted quinoa ..... £7 / £14  
*roasted sweetcorn, kale, peas, radish, goji berries, tahini vinaigrette*  
Peppered tuna, *baby spinach, fennel & blood orange salsa* ..... £17.50  
Roasted chicken chopped salad ..... £14.50  
*thyme roasted squash, golden raisins, cos lettuce and endive*  
Minute steak ..... £18.50  
*gem lettuce, radicchio lettuce, rocket, pickled mushrooms, truffle dressing*

## LARGE PLATES

Dry-aged rib eye steak £29  
*truffle chips, grilled field mushroom, plum tomato*  
Crispy duck leg £19  
*red cabbage, cranberry jus*  
Pan roasted mushroom strudel £14.50  
*mushroom jus, glazed baby carrots*

Smoked haddock £17.50  
*poached egg, gremolata new potatoes, grain mustard sauce*  
Tish chicken schnitzel £16  
*roasted fingerling potatoes, peppers & caper berries*  
Seared salmon fillet £19.50  
*green kale salsa, pickled fennel, crispy pearl barley and pomegranate*

Braised salt beef brisket £21  
*summer vegetables*  
Seared sea bass £21  
*marsh samphire, seashore vegetables*  
Slow roast shoulder of lamb £24  
*Highland Burgundy potatoes, kale*

## SANDWICHES

Served until 5.30pm

### CHALLAH-BAGEL-GRANARY-RYE

Smoked salmon £6.50  
*bashed avocado, spring onion*  
Smoked mackerel rilette £5.50  
*cornichons and pickled shallots*  
Egg, *mustard mayo & rocket* £5  
Grilled aubergine and peppers, *cumin tahini* £4.50  
Minute steak, *24hr onions* £8.50

## SIDES

Truffle chips £5.50  
New potatoes £3.75  
Chantenay carrots and peas £4  
Green beans, *shallot compote* £4  
Heritage tomato, *balsamic, basil* £5  
Green garden salad £4  
Red cabbage, beetroot & raisin slaw £4

## DESSERTS

Bramley apple strudel £6.50  
*apple sorbet*  
Tish Lokshen pudding £7  
*caramelised pears*  
Crêpes £7.50  
*fruit compote, fresh fruit, pouring chocolate sauce*

Tish cakes & bakery  
*Please ask your waiter about today's freshly made cakes and bakery treats. Available all day - prices vary*

Rhubarb & rosemary panna cotta £7

Chocolate & passion fruit fondant £7.50  
*bitter chocolate sorbet*  
Fresh fruit salad £5.50  
*Acacia honey*  
Ice cream and sorbet selection £2.25  
*per scoop*

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Prices include VAT at 20%. A discretionary 12.5% service charge – shared wholly between the Tish team – will be added to your bill. Some items may contain allergens, or traces of. Please speak to your waiter for further information.

◆ SPARKLING ◆

	<i>Btl.</i>
Cava Metodo Tradicional* .....	£38
Deccolio DOC Brut Prosecco.....	£39
Drappier Carte D'or* .....	£72

◆ ROSÉ ◆

	<i>175ml</i>	<i>Btl.</i>
Vina Encina Rosé .....	£5.95	£25
Rose du Castel, <i>Israel*</i> .....		£33
La Perle, Comte Tolossan.....		£36

◆ WHITE ◆

	<i>175ml</i>	<i>Btl.</i>
Encina Bianco, 2017, <i>Spain</i> .....	£6.25	£25
Chardonnay Vin de Pays, <i>France</i> .....	£6.75	£27
Invita, Macabeo, <i>Spain*</i> .....		£30
Château Pouyanne, Sauvignon, <i>France</i> .....	£8.25	£32
Chardonnay Teal Lake, <i>Chile</i> .....	£8.75	£34
Primo V Pinot Grigio, 2017 .....	£9.25	£36
Riesling Koenig, 2015 .....		£39
Cantina Giulano, Vermentino, <i>Italy*</i> .....		£42
Dalton Estate, Sauvignon blanc, <i>Israel</i> .....		£43
Kerem Kishor White, 2015, <i>Israel*</i> .....		£45
Goose Bay, Sauvignon blanc, <i>New Zealand</i> .....		£47
Chablis Bouchard, Burgundy .....		£51
Gruner Vetliner Eizenshat, <i>Austria*</i> .....		£53
Covenant Red C, Sauvignon blanc, <i>California*</i> .....		£60

◆ RED ◆

	<i>175ml</i>	<i>Btl.</i>
Vina Encino, Tempranillo, 2017, <i>Spain</i> .....	£6.25	£25
Château Le Petit Chaban, Bordeaux, 2016 .....	£7.25	£28
Côtes du Rhône, Domaine Lafond, 2016* .....		£32
Segal Fusion Bordeaux Blend .....	£9.00	£35
Canaan Cabernet Sauvignon, 2017 .....	£9.25	£36
Chinon Les Rosiers, Loire* .....		£37
Teal Lake Cabernet Merlot, 2014 .....	£10.00	£39
Herenza Rioja, Crianza, 2012* .....		£41
Château La Tonnelle, Haut Medoc, 2016* .....		£44
Cantina Giuliano* .....		£45
Kishor GSM, 2015, <i>Israel*</i> .....		£47
Goose Bay, Pinot noir, <i>New Zealand</i> .....		£53
Jezreel Carignan, 2014, <i>Israel*</i> .....		£58
Château Tour Seran, Medoc .....		£59
Tzora Winery Shosh, 2016* .....		£60
Les Roches de Yon Figeac, St. Emilion, 2015* .....		£70
Clos Mesorah, 2014* .....		£72

◆ BOTTLED BEERS ◆

Corona.....	£4.85
Estrella Galicia.....	£5.00
Estrella Galicia 1906.....	£5.25
Camden Pale, Pils or Wit.....	£5.50
Kopparberg Naked Apple Cider.....	£4.50

◆ COCKTAILS ◆

Clementine Mojito	£9.50
<i>rum, clementine, citrus, basil, soda</i>	
Gimlet Tish	£9
<i>gin, lime juice, strawberry &amp; lavender cordial</i>	
Coriander & Chilli Margarita	£12
<i>tequila silver, agave, coriander, chilli</i>	
Rhubarb Sour	£11
<i>vodka, rhubarb purée, Disaronno, honey water, egg white</i>	
French Martini	£10
<i>vodka, cassis, pineapple shrub</i>	
The President	£13
<i>dark rum, overproof rum, falernum, Angostura bitters</i>	
Tish Spritz	£11
<i>vodka, slivovitz, hibiscus tea, pomegranate, sparkling wine</i>	
Belsize Spritz	£8.50
<i>gin, Aperol, cassis, jasmine, grapefruit soda</i>	

◆ MOCKTAILS ◆

Blueberry Mojito	£5.50
<i>blueberry, apple, lime, mint, soda</i>	
Mango Mule	£5.50
<i>mango, cucumber, honey, lime, ginger beer</i>	
Virgin Paloma	£5.50
<i>lime, grapefruit juice, agave, soda</i>	
Berrygood	£5.50
<i>blueberry, honey, lemon, ginger ale</i>	

◆ SMOOTHIES ◆

Green	<i>banana, spinach, almond milk, cocoa nibs</i> .....	£5.50
Tropical Colada	<i>banana, strawberry, lime, orange, pineapple</i> .....	£5.50
Beetroot Kiss	<i>beetroot, strawberry, lime, ginger</i> .....	£5.50
Red	<i>berries, coconut syrup, hazelnut milk, granola</i> .....	£5.50

◆ FRESH JUICES ◆

Amber	<i>orange, carrot, ginger, lemon</i> .....	£5
Citrus Tonic	<i>pomegranate, grapefruit, clementine, orange, lime</i> .....	£5
Detox Green	<i>kale, spinach, apple, celery, cucumber, lemon</i> .....	£5
Passion Tropics	<i>kiwi, kumquat, mango, pineapple, passion fruit</i> .....	£5
Exotic	<i>apple, avocado, cucumber, lemon, moringa powder</i> .....	£5
Spirulina Lemonade	<i>lemon, coconut water, agave, spirulina powder</i> .....	£5

◆ SOFTS ◆

Fresh squeezed juices .....	£4.50
<i>orange, apple, carrot, grapefruit, pineapple, cranberry or tomato</i>	
Coca-Cola, Diet Coke, lemonade, ginger ale or ginger beer.....	£3.50
Soda water, tonic water, light tonic water .....	£3.50
Hildon Still / Hildon Sparkling water <i>750ml</i> .....	£4

◆ HOT DRINKS ◆

Espresso .....	£2.80	Caffè latte .....	£3.45
Double espresso.....	£3.00	Cappuccino .....	£3.65
Americano.....	£3.00	Caffè mocha .....	£3.65
Macchiato .....	£3.10	Hot chocolate.....	£3.80
English Breakfast, Earl Grey, jasmine, green, camomile .....			£3.20

All wines are Mevushal except those marked \*. Wines by the glass are also available in 125ml.  
Spirits are served 50ml as standard, 25ml available upon request.  
Some drinks may contain pasteurised egg white.